2019 September

2nd-6th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	**3** **Hot Special:** Bell & Evans Chicken Patty Sandwich *Oven baked chicken patty on a bun and served with oven baked French fries*	**4** **Hot Special:** Oven Baked Chicken Tenders *Baked chicken tenders served with oven baked French fries*	**5** **Hot Special:** Chicken Cutlet Club *Chicken cutlet served on a roll with bacon, lettuce and tomato and served with steamed carrots*	**6** **Hot Special:** Beef Soft Tacos *Soft taco shells with beef taco meat, cheese, lettuce & salsa. Served with black bean salad & steamed corn*
Labor Day No School	**Pasta Special:** Cheese Ravioli with Marinara Sauce *Cheese ravioli served with marinara sauce and a side salad*	**Pasta Special:** Macaroni & Cheese with Green Beans *Made from scratch and served with green beans*	**Pasta Special:** Gemelli & Meat Sauce *Gemelli pasta cooked al dente and served with meat or marinara sauce and served with a side salad*	**Pasta Special:** Pasta with Garlic & Oil with Grilled Chicken *Penne pasta served with sautéed garlic and grilled chicken breast with salad*
	Grill Special: BBQ Cheddar Burger *All beef hamburger topped with cheddar cheese and BBQ sauce served with roasted potatoes*	**Grill Special:** Chicken Parmesan Hero *Chicken with marinara sauce & mozzarella cheese on a fresh roll served with baked French fries*	**Grill Special:** Pepper Jack Burger *All beef hamburger topped with spicy pepper jack cheese and served with baked French fries*	**Grill Special:** Beef Meatball Hero *Beef meatballs topped with marinara sauce and mozzarella cheese and served with roasted potatoes*
Lunch: $3.00 (Lunch includes entrée, fruit, vegetable & milk) Please Contact the Food Service Director with any Questions or Concerns at: 914-273-4250 ext. 3970	**Pizza Special:** Flatbread Pizza *Flatbread dough topped with pizza sauce and mozzarella cheese*	**Pizza Special:** Sausage *Pizza dough topped with Italian sausage and mozzarella cheese*	**Pizza Special:** Black Olive *Pizza dough topped with black olives and mozzarella cheese*	**Pizza Special:** BBQ Chicken *Chicken tossed in BBQ sauce and topped with mozzarella cheese*
Food Allergies? If you have a food allergy, please speak to the manager, chef, or your server.	**Deli Special:** Focaccia Bread *Put your favorite cold cuts and toppings on fresh focaccia bread*	**Deli Special:** Boar's Head Honey Turkey *Add Boar's Head Honey Turkey to any sandwich or wrap*	**Deli Special:** Italian Bread *Put your favorite cold cuts and toppings on fresh Italian bread*	**Deli Special:** Mozzarella Cheese *Add mozzarella cheese to any sandwich or wrap*

Available Daily:

Apples & Oranges offered daily

Hot Lunch $3.00

Pasta Lunch $3.00

Grill Station $3.00:
Hamburger, Cheeseburger, Daily Special

Pizza:
Plain $2.25
with Topping $2.75

Deli Station $3.75:
Boar's Head Turkey, Ham, Roast Beef, Chicken & Salami

Salad Bar $.35/oz:
Fresh seasonal fruit & vegetables

Milk:
Skim Milk,
1% Low-Fat Milk,
Skim Chocolate Milk
Hormone Free
No High Fructose Corn Syrup

Menu analyzed by a Registered Dietitian, Melinda Hamilton RD, CDN

Menus are subject to change without notice.

Byram Hills High School & H.C. Crittenden Middle School

ARAMARK EDUCATION

2019 September 9th-13th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 **Hot Special:** Oven Baked Popcorn Chicken *Oven baked chicken served with baked French fries*	**10** **Hot Special:** Cheese Quesadilla *Shredded cheddar cheese grilled in a tortilla & served with salsa and steamed corn*	**11** **Hot Special:** Oven Baked Chicken Nuggets *Baked chicken nuggets served with oven baked French fries*	**12** **Hot Special:** Beef Nachos *Top tortilla chips with beef taco meat, shredded cheese, shredded lettuce & salsa and steamed corn*	**13** **Hot Special:** Chicken Tikka Masala *Chicken tossed in Tikka Masala sauce served over rice and a side of sautéed broccoli*
Pasta Special: Rotini & Meat Sauce *Rotini pasta cooked al dente and served with meat or marinara sauce and served with a side salad*	**Pasta Special:** Cheese Ravioli with Marinara Sauce *Cheese ravioli served with marinara sauce and a side salad*	**Pasta Special:** Penne Ala Vodka with Grilled Chicken *Penne pasta served with pink sauce and grilled chicken breast and salad*	**Pasta Special:** Macaroni & Cheese with Green Beans *Made from scratch and served with green beans*	**Pasta Special:** Rigatoni & Italian Sausage *Rigatoni pasta cooked al dente and served with sausage, marinara sauce and side salad*
Grill Special: Bell & Evans Chicken Patty Sandwich *Oven baked chicken patty on a bun and served with oven baked French fries*	**Grill Special:** Jalapeno Cheeseburger *All beef hamburger topped with spicy jalapenos and American cheese and served with French fries*	**Grill Special:** Chicken, Bacon, Ranch Wrap *Grilled chicken, bacon and ranch dressing in a wrap served with French fries*	**Grill Special:** BBQ Pork Rib-A-Que *A pork rib smothered in BBQ sauce and served in a fresh hero roll served with roasted potatoes*	**Grill Special:** Chicken Burrito *Chicken with cheddar cheese and rice rolled in a flour tortilla served with baked French fries*
Pizza Special: Personal Pizza *Your own personal pizza topped with mozzarella cheese and pizza sauce*	**Pizza Special:** French Bread Pizza *Mozzarella cheese and pizza sauce over sliced French bread*	**Pizza Special:** Buffalo Chicken *Chicken tossed in buffalo sauce and topped with mozzarella cheese*	**Pizza Special:** Bacon *Pizza dough topped with crispy pieces of bacon*	**Pizza Special:** Garlic White Pizza *Pizza dough topped with fresh chopped garlic and mozzarella cheese*
Deli Special: Boar's Head Pepperoni *Add Boar's Head Pepperoni to any sandwich or wrap*	**Deli Special:** Portuguese Rolls *Put your favorite cold cuts and toppings on a Portuguese Roll*	**Deli Special:** Chipotle Mayo *Spicy chipotle peppers blended with mayo. Add to your favorite sandwich or wrap*	**Deli Special:** Pepper Jack Cheese *Add pepper jack cheese to any sandwich or wrap*	**Deli Special:** Pumpernickel Bread *Put your favorite cold cuts and toppings on fresh pumpernickel bread*

Available Daily:

Apples & Oranges offered daily

Hot Lunch $3.00

Pasta Lunch $3.00

Grill Station $3.00:
Hamburger, Cheeseburger, Daily Special

Pizza:
Plain $2.25
with Topping $2.75

Deli Station $3.75:
Boar's Head Turkey, Ham, Roast Beef, Chicken & Salami

Salad Bar $.35/oz:
Fresh seasonal fruit & vegetables

Milk:
Skim Milk,
1% Low-Fat Milk,
Skim Chocolate Milk
Hormone Free
No High Fructose Corn Syrup

Menu analyzed by a Registered Dietitian, Melinda Hamilton RD, CDN

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Byram Hills High School & H.C. Crittenden Middle School

ARAMARK EDUCATION

2019 September 16th-20th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16 Hot Special: Beef Tacos *Taco shells with beef taco meat, cheese, lettuce & salsa. Served with black bean salad & steamed corn*	**17 Hot Special:** Bell & Evans Chicken Patty Sandwich *Oven baked chicken patty on a bun and served with oven baked French fries*	**18 Hot Special:** Oven Baked Chicken Tenders *Baked chicken tenders served with oven baked French fries*	**19 Hot Special:** "Chipotle Day" *In a burrito or bowl, chicken or beef, rice, black beans, & cheese, salsa, guacamole, sour cream, lettuce & corn*	**20 Hot Special:** Popcorn Chicken Bowl *Popcorn chicken served over mashed potatoes, corn and covered with gravy*
Hot Special: Eggplant Rollatini *Breaded eggplant filled with ricotta & mozzarella cheeses and served with pasta*	**Pasta Special:** Macaroni & Cheese with Steamed Carrots *Made from scratch and served with steamed carrots*	**Pasta Special:** Penne & Meat Sauce *Penne cooked al dente and served with meat or marinara sauce and served with a side salad*	**Pasta Special:** Cheese Tortellini *Cheese tortellini served with marinara sauce and a side salad*	**Pasta Special:** Pasta with Pesto Sauce & Grilled Chicken *Penne pasta served with nut free pesto sauce and grilled chicken breast*
Grill Special: Buffalo Chicken Tender Wrap *Chicken tenders tossed in buffalo sauce & ranch dressing & rolled in a tortilla*	**Grill Special:** Pepper Jack Burger *All beef hamburger topped with spicy pepper jack cheese and served with baked French fries*	**Grill Special:** Beef Burrito *Beef topped with cheddar cheese and rice rolled in a flour tortilla served with baked French fries*	**Grill Special:** Grilled Cheese *A classic that's grilled to perfection and served with baked French fries*	**Grill Special:** Chicken & Cheese Wrap *Grilled chicken and cheddar cheese rolled in a flour tortilla and served with roasted potatoes*
Pizza Special: Margarita *Pizza dough topped with fresh basil and mozzarella cheese*	**Pizza Special:** BBQ Chicken *Chicken tossed in BBQ sauce and topped with mozzarella cheese*	**Pizza Special:** Sausage *Pizza dough topped with Italian sausage and mozzarella cheese*	**Pizza Special:** Cheese Calzone *Mozzarella cheese wrapped in pizza dough and served with side marinara sauce*	**Pizza Special:** Taco *Pizza dough topped with seasoned beef, tomatoes cheddar cheese and mozzarella cheese*
Deli Special: Boar's Head Teriyaki Chicken *Boar's Head Teriyaki Chicken on a sandwich or wrap*	**Deli Special:** Egg Salad *Homemade egg salad topped with lettuce & tomato on choice of roll or wrap*	**Deli Special:** Turkey BLT *Boar's Head turkey with bacon, lettuce & tomato on choice of whole wheat or white bread*	**Deli Special:** Focaccia Bread *Put your favorite cold cuts and toppings on fresh focaccia bread*	**Deli Special:** Mozzarella Cheese *Add mozzarella cheese to any sandwich or wrap*

Available Daily:

Apples & Oranges offered daily

Hot Lunch $3.00

Pasta Lunch $3.00

Grill Station $3.00:
Hamburger, Cheeseburger, Daily Special

Pizza:
Plain $2.25
with Topping $2.75

Deli Station $3.75:
Boar's Head Turkey, Ham, Roast Beef, Chicken & Salami

Salad Bar $.35/oz:
Fresh seasonal fruit & vegetables

Milk:
Skim Milk,
1% Low-Fat Milk,
Skim Chocolate Milk
Hormone Free
No High Fructose Corn Syrup

Menu analyzed by a Registered Dietitian, Melinda Hamilton RD, CDN

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Byram Hills High School & H.C. Crittenden Middle School

ARAMARK EDUCATION

September 2019

23rd-27th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23 Hot Special: Oven Baked Popcorn Chicken *Oven baked chicken served with baked French fries*	**24 Hot Special:** Brunch for Lunch *Waffles, scrambled eggs & turkey sausage served with roasted sweet potato wedges*	**25 Hot Special:** Oven Baked Chicken Nuggets *Baked chicken nuggets served with oven baked French fries*	**26 Hot Lunch:** Fish Tacos *Baked Tilapia topped with pineapple salsa & chipotle dressing served in a soft taco with rice & beans*	**27 Hot Special:** Hebrew National Hot Dog *All beef hot dog served on a fresh bun. Served with vegetarian baked beans*
Pasta Special: Rigatoni & Italian Sausage *Rigatoni pasta cooked al dente and served with sausage, marinara sauce and side salad*	**Pasta Special:** Cheese Ravioli with Marinara Sauce *Cheese ravioli served with marinara sauce and a side salad*	**Pasta Special:** Pasta Alfredo with Grilled Chicken *Linguine in alfredo sauce topped with grilled chicken and a side salad*	**Pasta Special:** Gemelli & Meat Sauce *Gemelli pasta cooked al dente and served with meat or marinara sauce and served with a side salad*	**Pasta Special:** Macaroni & Cheese with Steamed Broccoli *Made from scratch and served with steamed broccoli*
Grill Special: BBQ Pork Rib-A-Que *A pork rib smothered in BBQ sauce and served in a fresh hero roll served with roasted potatoes*	**Grill Special:** Beef Meatball Hero *Beef meatballs topped with marinara sauce and mozzarella cheese and served with roasted potatoes*	**Grill Special:** Chicken Parmesan Wrap *Chicken with marinara sauce & mozzarella cheese in a flour tortilla served with baked French fries*	**Grill Special:** Jalapeno Cheeseburger *All beef hamburger topped with spicy jalapenos and American cheese and served with French fries*	**Grill Special:** Buffalo Chicken Wedge *Grilled chicken covered in hot buffalo sauce and blue cheese dressing and served with baked French fries*
Pizza Special: Bacon *Pizza dough topped with crispy pieces of bacon*	**Pizza Special:** Pizza Bagels *Fresh bagels topped with pizza sauce and mozzarella cheese*	**Pizza Special:** Artichoke Pizza *Pizza dough topped with sautéed artichokes and mozzarella cheese*	**Pizza Special:** Personal Pizza *Your own personal pizza topped with mozzarella cheese and pizza sauce*	**Pizza Special:** Chicken Parm *Pizza dough topped with breaded chicken cutlet, pizza sauce and mozzarella cheese*
Deli Special: 3 Foot Hero *Boar's Head Italian Combo cold cuts on a 3 foot Wedge*	**Deli Special:** Pepper Jack Cheese *Add pepper jack cheese to any sandwich or wrap*	**Deli Special:** Chipotle Mayo *Spicy chipotle peppers blended with mayo. Add to your favorite sandwich or wrap*	**Deli Special:** Nut-Free Basil Pesto *Add homemade basil pesto to your sandwich on a roll or wrap*	**Deli Special:** Boar's Head Pepperoni *Add Boar's Head Pepperoni to any sandwich or wrap*

Available Daily:

Apples & Oranges offered daily

Hot Lunch $3.00

Pasta Lunch $3.00

Grill Station $3.00:
Hamburger, Cheeseburger, Daily Special

Pizza:
Plain $2.25
with Topping $2.75

Deli Station $3.75:
Boar's Head Turkey, Ham, Roast Beef, Chicken & Salami

Salad Bar $.35/oz:
Fresh seasonal fruit & vegetables

Milk:
Skim Milk,
1% Low-Fat Milk,
Skim Chocolate Milk
Hormone Free
No High Fructose Corn Syrup

Menu analyzed by a Registered Dietitian, Melinda Hamilton RD, CDN

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Byram Hills High School & H.C. Crittenden Middle School

ARAMARK EDUCATION

September 2019

30th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30				
Rosh Hashanah No School				

Available Daily:

Apples & Oranges offered daily

Hot Lunch $3.00

Pasta Lunch $3.00

Grill Station $3.00:
Hamburger,
Cheeseburger,
Daily Special

Pizza:
Plain $2.25
with Topping $2.75

Deli Station $3.75:
Boar's Head Turkey,
Ham, Roast Beef,
Chicken & Salami

Salad Bar $.35/oz:
Fresh seasonal
fruit & vegetables

Milk:
Skim Milk,
1% Low-Fat Milk,
Skim Chocolate Milk
Hormone Free
No High Fructose Corn Syrup

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Menus are subject to change without notice.

Byram Hills High School & H.C. Crittenden Middle School

ARAMARK EDUCATION