

Health and Wellness Advisory Committee
Friday, March 24, 2023
8:30 am
BHHS Dance Studio

Welcome and Introductions

Overview of Health and Wellness Advisory Committee's purpose and responsibilities

What is the WSCC model? www.cdc.gov/healthyschools/wsc/index.htm

The Whole School, Whole Community, Whole Child, or WSCC model, is CDC's framework for addressing health in schools. The WSCC model is student-centered and emphasizes the role of the community in supporting the school, the connections between health and academic achievement, and the importance of evidence-based school policies and practices. The WSCC model has 10 components:

1. Physical education and physical activity.
2. Nutrition environment and services.
3. Health education.
4. Social and emotional climate.
5. Physical environment.
6. Health services.
7. Counseling, psychological and social services.
8. Employee wellness.
9. Community involvement.
10. Family engagement.

After reviewing this model, in assigned groups please list the ways the Byram Hills School District and Community are meeting the 10 components.

On the shared document, please list what your groups have listed for the whole group to review together.

Review shared document, see strengths, and identify weaknesses.

Next meeting - tentatively, Friday, May 12

Closing: Questions and Wrap Up

Groups:

- 1 - John M, Jennie, Donna, Drew, Rob
- 2- Doreen, Doug, Beth, Dan, Lauren
- 3-Jared, Kathleen, Brian, Sophia, Alison
- 4-Scott, Keara, Jill, Lauren, Dave

Meeting 2

Groups:

- 1 - John M, Jennie, Donna, Drew, Rob
- 2- Doreen, Doug, Beth, Dan, Lauren
- 3-Jared, Kathleen, Brian, Sophia, Alison
- 4-Scott, Keara, Jill, Lauren, Dave