

Health and Wellness Advisory Committee  
Wednesday, March 20, 2024  
8:00 am  
BHHS Dance Studio

1. Welcome and Introductions

2. Overview of Health and Wellness Advisory Committee's purpose and responsibilities:

The Byram Hills School District believes that the academic success of our students is linked, in part, to proper nutrition, appropriate physical activity, and social-emotional wellness. To support this belief, the District seeks to promote student health and wellness through our health education and physical education curricula, our food services program, and our school practices.

The Health and Wellness Advisory Committee, chaired by the District Wellness Coordinator, will participate in the implementation and periodic review of the Wellness Policy. The Committee shall monitor and review the District's wellness activities to determine the extent that schools are complying with this policy, how it compares to model wellness policies, the progress made toward attaining the District's goals, and whether this policy is having a positive effect on increasing student wellness and decreasing childhood obesity in the District. Based on the results, this policy, and the specific objectives set to meet its goals, may be revised as needed. Any recommended changes will be included in the three-year assessment report to the Board of Education.

3. Last year's meetings:

What is the WSCC model? [www.cdc.gov/healthyschools/wsc/index.htm](http://www.cdc.gov/healthyschools/wsc/index.htm)

The Whole School, Whole Community, Whole Child, or WSCC model, is CDC's framework for addressing health in schools. The WSCC model is student-centered and emphasizes the role of the community in supporting the school, the connections between health and academic achievement, and the importance of evidence-based school policies and practices. The WSCC model has 10 components:

- After reviewing this model, in assigned groups please list the ways the Byram Hills School District and Community are meeting the 10 components.
- On the shared document, please list what your groups have listed for the whole group to review together.
- Review shared document, see strengths, and identify weaknesses.

4. Food Services Presentation- Vinnie Fasano (Food Services Director)
5. SWAC/Wellness for Life Presentation- Kathleen Healy (BHHS Teacher)
6. What do you know about Erin's Law?
  - a. Table Questions
  - b. Review from each building
    - Coman Hill - Doreen Cohen
    - Wampus- Doreen Cohen
    - HCC-Jared Christian
    - BHHS - Jennie Croke
7. Next Meeting- May 14th 8am in BHHS Dance Studio