



Updated Nov. 11th

Winter Track and Field Meet Schedule

*Changes to this schedule will be communicated via sportsYou
sportsYou Code: 9XZVWR6H*

Day	Date	Meet Name	Location	Bus Time	Start Time	Attending
Sunday	12/3/23	Section 1 Kick-Off 1	The Armory	3:00 p.m.	5:00 p.m.	Entire Team
Wednesday	12/13/23	Frosh/Soph 1 Meet	Rockland C.C.	2:45 p.m.	4:30 p.m.	9 th and 10 th graders only
Friday	12/15/23	Coach Saint Invitational	The Armory	2:45 p.m.	5:00 p.m.	Select Few
Wednesday	1/3/24	Dendy 2 Meet	Rockland C.C.	2:45 p.m.	4:30 p.m.	Entire Team
Sunday	1/7/24	League Meet	The Armory	1:00 p.m.	3:00 p.m.	Entire Team
Wednesday	1/10/24	Millrosse Game Trials	The Armory	3:00 p.m.	5:00 p.m.	Select Few
Friday	1/12/24	Suffern Invitational	Rockland C.C.	2:45 p.m.	4:15 p.m.	TBD
Saturday	1/27/24	Westchester County Championships	The Armory	3:00 p.m.	5:00 p.m.	Qualifying Athletes
Wednesday	1/31/24	Novice Meet	The Armory	3:00 p.m.	5:30 p.m.	JV only
Sunday	2/4/24	Class B Championships	The Armory	2:00 p.m.	4:15 p.m.	Qualifying Athletes
Sunday	2/18/24	Section 1 State Qualifier	The Armory	7:00 a.m.	9:00 a.m.	Qualifying Athletes

Coaching Staff:

Coach Sean Flanagan
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Coach John Schmitt
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Important Dates:

11/13: First Day of Practice
11/22: 1-Hour Early Dismissal – Practice
11/23-25 Thanksgiving: No Practice
11/30 11:10 Early Dismissal – Practice
12/4: No Practice
12/25-26 December Recess: No Practice
12/27-30 December Recess: Practice
1/1 New Year’s Day: No Practice
1/2: Practice
1/8: No Practice
1/15 MLK: TBD