

THE FOCUS

THE OFFICIAL BYRAM HILLS HIGH SCHOOL NEWSLETTER



White Rabbit
Carissa Cheng

The phrase "chasing a rabbit" is often used to describe the idea of following after something that is always just out of reach. Along with a rabbit, there are many other animals that are often used to describe something that is difficult to catch or achieve. One of the most common is the "chasing a rabbit" metaphor, which is often used to describe the idea of following after something that is always just out of reach. This can be a metaphor for many things, including the pursuit of a dream, the search for a partner, or the quest for a better life. The rabbit is a symbol of speed and agility, and it is often used to describe someone who is always just out of reach. The rabbit is a symbol of hope and possibility, and it is often used to describe someone who is always just out of reach.



HCC / BHHS WINTER ART SHOW

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REGENERON NEWS

Congratulations to seniors **Lily Anchin, Benjamin Levy, Jon Manowitz, and Daniel Ndocaj**, who are among the top 300 scholars in the prestigious Regeneron Science Talent Search. This achievement recognizes their meaningful independent scientific research. "Congratulations to our incredibly talented and hard-working student-scientists who are striving to make a difference in the world through scientific discovery," said Stephanie Greenwald, director of the Byram Hills science research program. "Our students are passionate, dedicated, and resilient. They have produced exemplary work and we are proud of this accomplishment."

To read more about their accomplishments, [CLICK HERE](#).

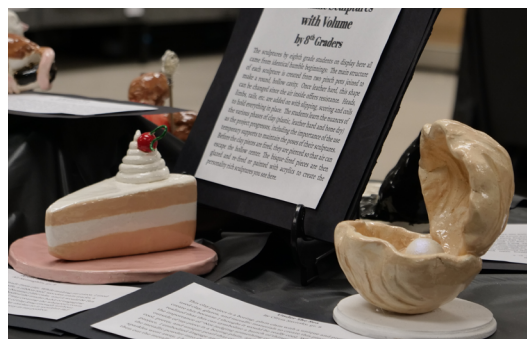


SPEECH AND DEBATE TEAM UPDATE

Last month, the Byram Hills Debate Team competed at the Christmas Classic, held at Regis High School on December 16th. The Public Forum Team of **Alyssa Chen** and **Lindsay Coady** finished 4th, while the freshmen team of Vasily Ouyang-Christiansen and Ann Jos went undefeated. Both teams earned a qualification to compete at the New York State Championships this coming spring.

BHHS/HCC WINTER ART SHOW

Congratulations to all of the students who showcased their work in the 2024 HCC & BHHS Winter Art Show! The show featured pieces in a variety of mediums including drawing, painting, sculpture, metalsmithing, photography, graphic arts, and more!



BYRAM'S GOT TALENT/ ONE WORLD BENEFIT CONCERT

The Byram's Got Talent/One World Benefit, initially scheduled for December 31st, has been rescheduled to Wednesday, February 7th at 7 PM in the high school theater. Come see our talented students and faculty members show off their skills!

JOIN AUTHOR JENNIFER BREHENY WALLACE IN A NIGHT OF DISCUSSION

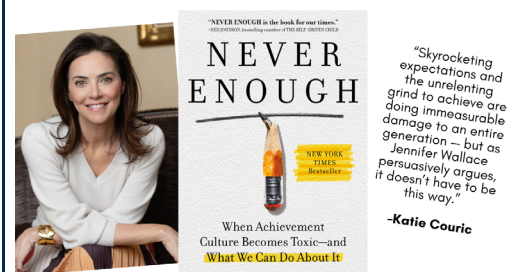
Byram Hills Central School District, in partnership with the BHEF, is excited to welcome Jennifer Breheny Wallace, author of "Never Enough - When Achievement Culture Becomes Toxic - and What We Can Do About It" for a night of discussion at Byram Hills High School. Families with children of any age are welcome!

This event is free to attend and proudly co-sponsored by the Byram Hills Central School District and the Byram Hills Education Foundation. Specific details of the time of the event will be sent in a follow-up email.

SAVE THE DATE - FEBRUARY 5TH

A SPECIAL EVENING WITH JENNIFER B. WALLACE

DON'T MISS THIS IMPORTANT DISCUSSION FOR PARENTS WITH KIDS OF ALL AGES



The rise of "toxic achievement culture" is overtaking kids' and parents' lives. In *Never Enough*, award-winning reporter Jennifer Breheny Wallace investigates the deep roots of toxic achievement culture, and shares what parents must do to fight back.

CHALLENGE SUCCESS SPONSORS FIRST-EVER BHHS ALUMNI PANEL

On December 21st, seven BHHS alumni spoke to upperclassmen about life after graduating from high school. Questions related to the college selection process, academics, personal growth, social life, and career planning. The panel consisted of **Irene Byrnes ('22), Ross Eagle ('22), Eliza Goldman ('22), Izzy Yalloy ('20), Brady Karp ('21), Sydney Levy ('22), and Madison Jakaj ('22)**. Thank you to these wonderful alumni for helping our students gain a different perspective on life after BHHS.

PARENT & TEACHER TRAINING FOR THE BHCS D INTERVIEW COMMITTEE

Each year, the Byram Hills Central School District establishes interview teams for the hiring of teachers and administrators. The District has been successful in hiring and retaining excellent teachers and administrators as a result of teacher and parent committee participation.

Gina Cunningham, Assistant Superintendent for Human Resources, will be offering two sessions for parents and teachers to attend a training session in order to be part of a hiring committee in the future.

If interested, please email Laura Coughlan at lcoughlan@byramhills.org with one of the following session dates:

Session 1: Monday, February 5th, 3:30 PM to 4:30 PM

Session 2: Tuesday, March 5th, 3:30 PM to 4:30 PM

SPRING BREAK

“Spring Break” has grown into a major industry that now attracts as many high school students as their college counterparts. The potential for abuse of sex, drugs, and alcohol remains a major concern. In addition, the popularity of international resorts as Spring Break locations has occasionally led to the exploitation of students who are vulnerable as minors and foreigners in unfamiliar cultures.

Before confirming any plans, we suggest that you check into <http://travel.state.gov/> for more information about travel advisories and the country under consideration. We also suggest that you check references for any charter companies that you are depending on for flights and accommodations. Canceled flights, switched hotels, and even exploitation by local police have occurred to Byram Hills students in the past. This information is provided to give parents as much information as possible to make informed decisions. The school district does not organize, support, endorse, or partner with any travel companies providing “Spring Break” vacations or services to our students. Additionally, student-athletes should fully understand the consequences of missing games or practices over the break prior to making Spring Break plans.

JANUARY SOFT SKILL

Grit. According to psychologist Angela Duckworth, grit is defined as a distinct combination of passion, resilience, determination, and focus that allows a person to maintain the discipline and optimism to persevere in their goals even in the face of discomfort, rejection, and a lack of visible progress for years, or even decades. To read more about why kids need grit, please see [this excellent article](#) by Jenny Williams.

UPCOMING EVENTS

Monday, January 15th

- Regular Athletic Schedule
- Martin Luther King Jr. Day
- Schools & Offices Closed

Tuesday, January 16th

- Board of Ed. Mtg. & Budget Hearing I, 7:30 pm

Wednesday, January 17th

- School Counseling Discussion Group 9 am

Tuesday, January 23rd

- Principal's Coffee 9 am

Friday, January 26th

- End of 2nd Marking Period and 1st Semester

Monday, January 29th

- Begin 2nd Semester



**CLICK
HERE FOR
UPCOMING
ATHLETIC
EVENTS**

JANUARY 2024

SUN	MON	TUES	WED	THURS	FRI	SAT
	<p>1</p> <p>No Athletic Games or Practices Holiday Recess New Year's Day Schools & Offices Closed</p>	<p>2</p> <p>Regular Athletic Schedule Holiday Recess Schools Closed/Offices Open</p>	<p>3</p> <p>Regular Athletic Schedule Holiday Recess Schools Closed/Offices Open</p>	<p>4 - 2</p> <p>Schools Reopen</p>	<p>5 - 3</p> <p>Registration Deadline for 2/10 ACT</p>	<p>6</p>
7	<p>8 - 4</p>	<p>9 - 5</p>	<p>10 - 6</p> <p>Scheduling Assemblies for Gr. 9, 10, 11 (P1 & P2) HCC & BHHS Winter Art Show @ BHHS 8 am - 2:30 pm HCC & BHHS Winter Art Show Community Reception @ BHHS 5 - 6:30 pm PTSA Exec Mtg. @ DO 9:30 am</p>	<p>11 - 7</p> <p>HCC & BHHS Winter Art Show @ BHHS 8 am - 2:30 pm BHEF Board of Directors Mtg. @ DO 7 pm</p>	<p>12 - 8</p>	<p>13</p>
14	<p>15</p> <p>Regular Varsity Athletic Schedule Martin Luther King Jr. Day Schools & Offices Closed</p>	<p>16 - SNOW DAY</p>	<p>17 - 1</p> <p>School Counseling Discussion Group 9 am</p>	<p>18 - 2</p>	<p>19 - 3</p>	<p>20</p>
21	<p>22 - 4</p>	<p>23 - 5</p> <p>Principal's Coffee 9 am Board of Ed. Mtg. & Budget Hearing I, 7:30 pm</p>	<p>24 - 6</p>	<p>25 - 7</p>	<p>26 - 8</p>	<p>27</p>
28	<p>29 - 1</p> <p>End of 2nd Marking Period and 1st Semester</p>	<p>30 - 2</p> <p>Begin 2nd Semester</p>	<p>31 - 3</p>			

BYRAM HILLS VARSITY HOCKEY TEAM PRESENTS THE 12TH

PINK THE RINK

BYRAM HILLS VS BYSNS

FRIDAY, JANUARY 19 AT 8:30 PM
BREWSTER ICE ARENA

BREWSTER
YORKTOWN
SOMERS
NORTH SALEM

SCHOOL BAKE SALES

BHHS:
FRI JAN 12
WED JAN 17
FRI JAN 19

HCC:
FRI JAN 19

BYRAM HILLS



ADMISSION \$5

FAMILY FUN
BAKE SALE
MERCH
CHUCK-A-PUCK!

SHOW YOUR
SCHOOL SPIRIT
AND HELP US
MAKE STRIDES
AGAINST
BREAST CANCER

PINK THE RINK MERCHANDISE

WILL BE
AVAILABLE
FOR SALE
DURING
BAKE SALES
AND AT THE GAME

SWEATSHIRTS \$35
HATS \$15

**ALL PROCEEDS WILL
BE DONATED TO THE**



DONATIONS

SCAN THE QR
CODE TO
DONATE NOW

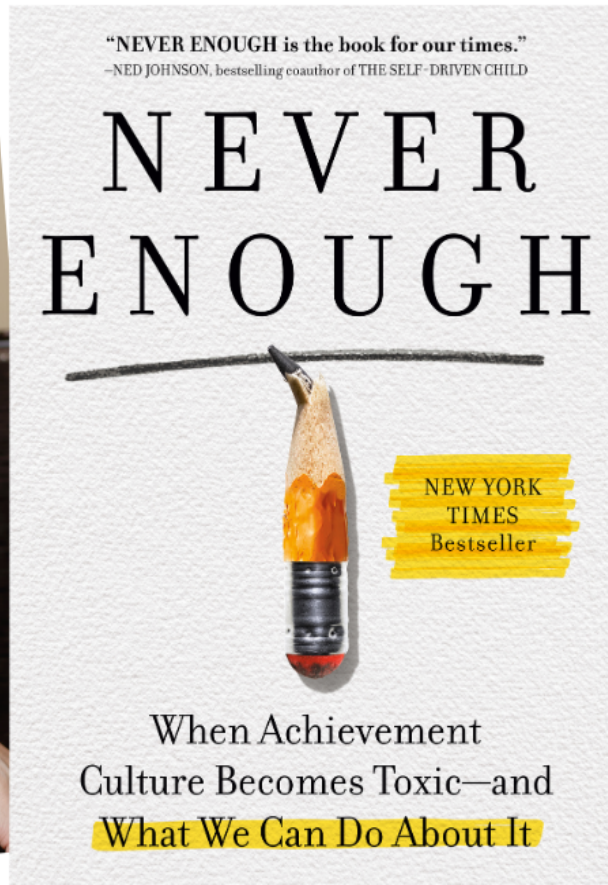


SCAN ME

SAVE THE DATE - FEBRUARY 5TH

A SPECIAL EVENING WITH JENNIFER B. WALLACE

DON'T MISS THIS IMPORTANT DISCUSSION FOR PARENTS WITH KIDS OF ALL AGES



"Skyrocketing expectations and the unrelenting grind to achieve are doing immeasurable damage to an entire generation – but as Jennifer Wallace persuasively argues, it doesn't have to be this way."

-Katie Couric

The rise of "toxic achievement culture" is overtaking kids' and parents' lives. In *Never Enough*, award-winning reporter Jennifer Breheny Wallace investigates the deep roots of toxic achievement culture, and shares what parents must do to fight back.



SPONSORED BY THE BYRAM HILLS SCHOOL DISTRICT
AND THE BYRAM HILLS EDUCATION FOUNDATION

