

**BLOODBORNE PATHOGENS  
EXPOSURE CONTROL PLAN**

**Appendix B**

**Guidelines for Special Situations**

**General Education:**

**Bloody Nose:**

1. Encourage the student to apply pressure to the bridge of the nose.
2. If the student is unable to help him/herself and needs assistance, the caregiver should don gloves before coming into skin contact with blood.
3. Bring the student to the School Nurse.

**Student Assisting Student:**

1. If one student assists another student who is bleeding and comes into contact with that student's blood, the helping student should immediately wash his/her soiled skin with soap and running water as noted in Appendix A. If the helping student has blood from another student on his/her clothing, it is recommended that every attempt be made to obtain clean clothing for this student.
2. Bring both students to the Health Office so that the School Nurse can assess the situation, consult with the Medical Director, and determine whether a Bloodborne Pathogens Exposure Incident has occurred.

**Specialized Classes**

**Music**

1. Each student should have his/her own mouthpiece or instrument.
2. If this is not practical, thorough cleaning must be observed by scrubbing with soap, water, small bottlebrush or cloth with careful attention to inside area.
3. Follow this by soaking item in bleach solution (1:10) for 15 to 20 minutes.
4. Wash, rinse, and dry with disposable towels before reusing.

**Drama:**

1. Make-up equipment such as sponges, eye or lip make-up applicators should not be shared.
2. If student has acne or open lesions on face or mouth, this recommendation is especially important.
3. Individual portions of make-up are most effective at preventing the transmission of bacteria and viruses.

**School Bus Setting:**

1. It is recommended that a bottle of bleach solution (see Appendix C) be kept on the bus for body fluid spills and that a supply of disposable disinfectant towelettes be maintained. (The disinfection of school buses is the responsibility of the individual transportation contractors.)

## Assisting Disabled Students

### Toileting Assistance

#### Supplies Needed:

- |                      |                     |                            |
|----------------------|---------------------|----------------------------|
| 1. Disposable gloves | Special situations: | 4. Change of undergarments |
| 2. Toilet tissue     |                     | 5. Change of clothing      |
| 3. Soap and water    |                     | 6. Plastic bag             |

### PROCEDURE

Wear disposable gloves when assisting a student with physical or mental disabilities in toileting.

1. Don gloves.
2. Prepare toilet tissue.
3. Prepare disposable towels with soap and water.
4. Assist student with pulling down pants/skirt and undergarments.
5. Assist student onto the toilet seat.
6. Assist student with cleansing/hygiene.
7. If necessary, use a disposable towel with soap and water to complete necessary hygiene of area.
8. Flush toilet.
9. Wash and dry gloved hands.
10. Remove student from toilet seat.
11. Assist student with pulling up undergarments and pants/skirt.
12. Prepare a disposable towel with soap and water.
13. Remove and discard gloves.
14. Assist student in Handwashing(see Appendix A).
15. Wash hands with soap and water (see Appendix A).

#### If student's undergarments/garments are soiled:

1. Wearing gloves, remove the soiled clothing and place in plastic bag.  
(Send clothing home to parent with a note advising them of the need to launder the clothing.)
2. Cleanse the student's skin with soap, water and a disposable towel.
3. Place in a separate disposable bag.
4. Wash and dry gloved hands.
5. Put clean clothes on the student.
6. Encourage the student to wash his/her own hands if they become soiled or if he/she participates in the procedure.
7. Still wearing gloves, clean up any minor blood spills on toilet seat or floor.
8. For major blood spills, contact School Custodian.
9. Remove gloves.
10. Wash hands with soap and water (see Appendix A).

**Assisting with the Change of a Menstrual Pad:**Supplies Needed:

1. Disposable gloves
2. Disposable towels
3. Soap and water
4. Plastic bag for disposal
5. Clean pad
6. Clean clothes

PROCEDURE

Wear disposable gloves when assisting a student with physical or mental disabilities in changing menstrual pads.

1. Prepare a disposable towel with soap and water.
2. Wearing gloves, remove the soiled pad and clothing and place in separate plastic bags. (Send clothing home to parent with a note advising them of the need to launder the clothing.)
3. Clean any blood from the student's skin with soap, water and a disposable towel. Place towel in disposable bag with soiled pad. Discard bag.
4. Wash and dry gloved hands.
5. Put clean pad and clothes on the student.
6. Encourage the student to wash her own hands if they become soiled or if she participates in the procedure (see Appendix A).
7. Still wearing gloves, clean up minor blood spills on toilet seat or floor per instruction. For major blood spills, contact the School Custodian.
8. Remove gloves.
9. Wash hands with soap and water (see Appendix A).