

Self-Collection Kit Instructions

- This kit is for saliva collection only.
- Do not deposit mucus, phlegm, blood, other substances, or foreign objects.
- Do not eat, drink, smoke, chew gum, or brush your teeth at least 30 minutes prior to providing your sample.
- Do not use mouthwash for at least 2 hours prior to providing your sample.



Open collection kit sample bag and remove all contents.



Take sample collection tube and saliva straw out of sterile package.



Pool saliva in mouth and push saliva into tube until at least half full (1 mL).



Remove and discard straw and securely cap collection tube.



Unscrew collection tube cap and insert ridged end of saliva straw into tube.



Place collection tube in sample kit bag, seal, and return to collection site.