



BYRAM HILLS

CENTRAL SCHOOL DISTRICT

10 TRIPP LANE ARMONK, NY 10504

March 7, 2020

To the Byram Hills School Community,

The children in our community are likely affected by news and conversations about the coronavirus. The District has mostly refrained (especially at the elementary level) from specific lessons about COVID due to the lack of current knowledge about its transmission. We have, however, taken steps to educate our children about staying healthy and will continue to do so.

As a parent, you may be wondering how to talk to your children about this virus without elevating their anxiety about it. The following articles and tips may help.

[National Association of School Psychologists](#)

[A medically reviewed article \(written by one of our parents\)](#)

[New York Times article from February 28th which is still timely.](#)

I hope you enjoy this beautiful weekend,

Jen Lamia, Ed.D.
Superintendent of Schools