



# BYRAM HILLS

## CENTRAL SCHOOL DISTRICT

10 TRIPP LANE, ARMONK, NY 10504

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### WHEN TO KEEP YOUR CHILD HOME FROM SCHOOL/WHEN CAN THEY RETURN

Dear Parents/Guardians,

Please use the following guidelines to help stop the spread of illness in our schools and keep all of our staff and students as healthy as possible.

- Please keep your child home from school if they have a fever**  
Your child must be fever-free (temperature lower than 100.4 degrees) for a full 24 hours before returning to school, *without* the use of fever-reducing medications such as Tylenol, Motrin, Ibuprofen, or Advil.
- Please keep your child home if they have had vomiting or diarrhea the night before or the morning of school.** Your child must be 24 hours without vomiting or diarrhea and able to tolerate a regular diet before returning to school.
- Please give your child at minimum a full 24 hours at home** if they are on antibiotics for contagious diseases such as strep throat, bronchitis, pneumonia, pink eye, ear infections, skin rashes, etc, or they have been cleared by their doctor that they are safe to return to school.
- Please keep your child home if they exhibit flu-like symptoms** such as chills, body aches, severe cough, runny nose or sore throat, lethargy, or fever. Your pediatrician should also be consulted for an assessment if the symptoms are severe or lingering.

Thank you for adhering to these guidelines and for helping to maintain a healthy school environment for our children. Please call your child's school nurse with any questions.

Sincerely,

Health Services Department